

**River City Youth Soccer League Board Meeting
April 18, 2018 - 7:00 pm
Mountain Mikes - 1319 Fulton Ave, Sacramento, CA**

Attendees: Mike Dallas (President), Jason Allen (SOSC), Cyrene Farrell (Rosemont), Mario Carrasco (BAC), Gene Totten (AP), Shannon (Registrar), Rob Olmstead (St. Ignatius), John Sant (Union), Rick Merri (Union), Geoff Margolis (Referee Coordinator), Sarah Britton (Secretary), Stephen Rapaski (Del Dayo proxy for Dave Levine), Jessica Cruz (parent), Norman Tuttle (Rosemont coach)

Not Present: David McKay (Treasurer), Bill Norris (Scheduling Coordinator), Tom Arnautovic (Webmaster)

- A. Call to Order - 7:09p
- B. Minutes: Shannon and Rob abstain; no nays, **Minutes Approved**
- C. Guest Speaker – None
- D. President’s Report
 - 1. District Six Meeting –
 - i. Proposal was made to change CPL divisions into geographical areas – vote delayed to June (e.g. next meeting)
 - ii. There is still a proposal to discontinue paying a District Registrar – leagues now allowed to opt out of using; **Mike motion to stop using District Registrar**, Rob second, no nays, no abstentions, **Motion Passes**; league registrar does more work w/o District help, pay RCYSL Registrar additional \$0.40/player; **Rob motion, Cyrene second**, Shannon abstains, no nays, **Motion Passes**
- E. Club Manager Hot Topics –
 - 1. Cyrene – issues with league rule conflicts in 4x4 module training; need to make sure coaches understand RCYSL modified rules; Shannon to check with CalNorth on mentors, concussion course
- F. Officer’s Reports
 - 1. Vice President – No Updates
 - 2. Sportsmanship – No Updates
 - 3. Secretary – No Updates
 - 4. Treasurer – No Updates
 - 5. Registrar – Reg as of April 18, 2018

Club	Players	Coaches
AP	291	30
BAC	31	2
DD	173	23
FEC	0	2
RSC	73	36
SI	20	3
SO	89	10
UFC	0	0
	677	106

numbers up from prior year; US SoccerConnect reflecting only last year's coaching licensing; coaches w/ older licenses are tracked manually by Shannon; players are getting FIFA numbers

6. Referee Coordinator /PAD -- dates reserved for referee training; Del Dayo Ref Coordinator wants assistant, interested party not a licensed referee (which Geoff would require)
 7. Coaching Coordinator – Need vote on proposed 2018 RCYSL Coaching Licensing Policy bc coaches registering; Gene explained proposal & suggests revision for 2019 so 'grandfathered' F licenses required to take a module; only 4x4 module currently available; Gene suggests requiring in-person class until online available; Shannon says league has previously paid for in-person and not online; Geoff suggests requiring 1st year coaches to be licensed, discussion re: discouraging late-registering coaches needed to allow teams to form & proposal to "strongly encourage" 1st year coaches to take in-person licensing; **Mike: revise language, online vote for both Rules & Policies and ByLaws**; Vote via email April 27-May 1,
 8. Scheduling Coordinator –No update
 9. Webmaster – No Updates
- G. Old Business
1. RCYSL Rules and Policies Revisions Vote: Gene commented new blow out rule is a positive development, discussion re: rule is a fallback measure if coaches not receptive to informal critique; Geoff requests take referee references out of the dog rule section, dog rule enforcement shouldn't be done by referees; Mike asks Geoff to send changes to Mike by Friday
 2. Draft Proposal for new coaches needing coaching license and what will be needed for new U6 coaches
 3. Goal posts at Creekside-- Jason viewed, SOSC may permit that field for additional game and practice sites, St. Ignatius tried to use last year but couldn't bc of construction; FEC may have a U16& U19 team (2 teams), Mike to help them w/ balls and uniforms
- H. New Business – Shannon: been approached by club registrars with teams that want to play in CCSL, league allowed previously; team registers through RCYSL/Shannon
- I. Good of the Game – Rosemont having Mountain Mikes fundraiser, coupons for sale
- J. Adjournment – Gene, Geoff 2nd ; 7:55p

River City Youth Soccer League Board Meeting
March 21, 2018 - 7:00 pm
Mountain Mikes - 1319 Fulton Ave, Sacramento, CA

Attendees: Mike Dallas (President), Jason Allen (SOSC), Scott Wright (VP), Cyrene Farrell (Rosemont), Mario Carrasco (BAC), Gene Totten (AP), Darrell Parsons (St. Ignatius, proxy), Brian Hildreth (Del Dayo, proxy), Fergus Cooke, Rick Merri (Union), John Sant (Union), Patricia Rey (Union), Geoff Margolis (Referee Coordinator), Sarah Britton (Secretary)

Not Present: Shannon Hall (Registrar), David McKay (Treasurer), Bill Norris (Scheduling Coordinator), Tom Arnautovic (Webmaster)

- K. Call to Order – 7:04p
- L. Guest Speaker –
 - 1. Bryan Holland from Coerver: deferred
 - 2. John Sant from Union FC: intro of new RCYSL rep and experience, Rick running Union Academy
- M. President’s Report – no district meeting, Jason will provide info on Grassroots Coaching
- N. Club Manager Hot Topics – None Reported
 - 1. Rick: Union reg’d approx. 50 players for State Cup
 - 2. Mario: looking for U10 boys looking to play spring soccer w/ Cap Valley Youth Soccer @ Foothill HS
 - 3. Jason: SOSC using Gateway Intl as extra field, most likely for older kids (U12+)
- O. Officer’s Reports
 - 1. Vice President – No Updates
 - 2. Sportsmanship – No Updates
 - 3. Secretary – No Updates
 - 4. Treasurer – Not present
 - 5. Registrar – Not present
 - i. Mike D.: Cal North allowing leagues to dictate requirements for coaching licenses; should U6 coaches take at least online module? and no first-year coaching waiver? **Vote deferred to next meeting**
 - ii. Jason: cost involved with any of the online modules (even 4x4), if you coach x2 or more teams should coach be required to take all pertinent modules? Should all F licenses be equated to an online module, even if the F license predated the online course (US Soccer will have no record of the F license if it predated their online requirement)? Do we know cost of these trainings? Do asst coaches require licenses? Agree U6 coaches should do something, even if only intro to Grassroots module (free).
 - iii. Mike: league paid for all on field coaching, so coaches could supply receipts for reimbursement
 - iv. Brian H: hard to get coaches to do online concussion training last year (short and free)
 - v. Fergus: E & F licenses are grandfathered, but should get all first-year coaches on track to what will be required in the future, limit coaches to x3/team
 - vi. Mike D: **Establish committee** to bring proposal for licensing requirements:
Gene, Jason

6. Referee Coordinator /PAD – Geoff: different clubs run different # refs for some age-group games; should pay be adjusted from schedule if solo ref; suggests he works with Club Referee Coordinators to increase solo ref pay, not to exceed total game cost per schedule
 - i. Jason: concern clubs will reduce # of refs to save \$\$?
 - ii. Geoff: club dependent preference for ref training
 - iii. Fergus: this motion will change resolution from last year
 - iv. Mike: last year’s issue = clubs budget for number of refs they choose at schedule (and not above)
 - v. **Geoff motion:** Increase center ref \$5 if they work alone, 2nd Mario; **7 yes (AP, BAC, SOOSC, Rosemont, DD, Sec, VP), 0 no-- Resolution passes**
 7. Coaching Coordinator – Grassroots Coaching (Jason): costs will include online and field portions, coaches encouraged to take a module above where they are now
 - i. Mike: E/F licensed coaches do not need to do anything for this year
 - ii. Brian H: if coached last year and no F license, will there be a requirement for this year? Mike D – yes
 8. Scheduling Coordinator – Not present
 - i. Mike: looking at when CPL will be starting
 9. Webmaster – No Updates
 - i. Mike: Tom stepping away, Mike now updating the website
- P. Old Business
1. RCYSL Rules and Policies Revisions –
 - i. Mike: no one got back w/ revisions, **deferred**, send revisions ASAP; Mike updated parent ethics agreement; revised Rules and Regulations need to be posted on internet b/c incorporated in the parent ethics agreement
 2. Goal posts at Creekside – Jason to go check out
 3. Fees paid to Bonzi and accounting of those fees – Dave not present
 - i. Mike: Dave/Shannon confirmed that clubs would get their refunds at end of the soccer year, credit card processing fees must be absorbed or passed on
 4. Club affiliations – All but two Clubs have filed their affiliations with RCYSL. Please get this done if you have not done so.
- Q. New Business -- None
- R. Good of the Game –
1. John: Union playing and doing well, in Spring League now
 2. Mario: BAC playing U14 Spring League
- S. Adjournment – 7:43p

RCYSL RECREATIONAL RULES and POLICIES

The following Rules and Policies apply to all Recreational matches played within River City Youth Soccer League (RCYSL) and should be reviewed by all RCYSL Coaches and Referees. Questions may be directed to a league Board Member, to your Club Manager, or to your Club Referee or Coach Coordinators.

Section 1: Authority and Responsibilities

1:01 RCYSL shall operate under the General Procedures and Specific Rules of the California Youth Soccer Association (CALNORTH), and any additional Rules and Regulations adopted by the RCYSL Board.

1:02 Rules and Regulations adopted by the RCYSL Board shall not conflict with the Constitution and Bylaws of CALNORTH, the United States Youth Soccer Association (USYSA), the United States Soccer Federation (USSF), and the Federation International de Football Association (FIFA).

Section 2: Team and Club Responsibilities

2:01 The hosting club is responsible for providing a correctly sized, safe, and properly equipped field at the scheduled match time. The field shall have distinctive lines, approved flags at each corner, and appropriate sized nets and goals. The hosting club shall also provide the referees as described in Section 4.

2:02 It is the responsibility of the hosting club to ensure that the field is playable prior to the start of matches scheduled that day. Coaches may not cancel matches without prior consent of the Club Manager. The center Referee may cancel the match if he/she determines that the field is not playable. Once the match has started it is the sole responsibility of the center Referee to determine if the field continues to be in playable condition.

2:03 The Coaches of all Under 8 through Under 19 teams (both home and visitor) are to report the results of their match in a timely manner. Standings are kept in order to appropriately seed the teams into playing divisions.

2:04 Coaches are responsible for the conduct and control of themselves, their players, parents, and spectators during the match. The Coach may be sent off by the Referee as a result of inappropriate behavior by any of these individuals.

2:05 Any individual attending a match may submit an online Match Report concerning the match, the participants, the officials, or others in attendance. The online Match Report form can be found on the RCYSL website.

2:06 Any team that fails to appear for a scheduled match without a 48 hour notification will be responsible for paying all Referee fees for the rescheduled match; no matter where the rescheduled match is to be played.

(See 2:02 and 2:08)

2:07 Any hosting club that fails to provide the required Referee(s) in proper attire at the scheduled time shall be reported to the League Referee Coordinator within 24 hours. The League may impose a fine of up to \$50.00 upon the host club for each offense, unless the offense was due to circumstances completely beyond the control of the club.

2:08 If a Coach cancels a match without the consent of the Club Manager or the permission of an RCYSL Executive Board Member, that Coach will be suspended for a minimum of one match. The Coach's team and/or club will be responsible for the payment of referees for the canceled match, as well as, the make-up match if scheduled. A canceled match will not result in a forfeit but will be labeled as "Un-played."

2:09 Coaches as well as Referees are responsible for the safety of their players, and as such, no dogs will be allowed within 7 yards of any sideline or end line during matches. It is not the responsibility of Coaches or Referees when a dog is farther than 7 yards from the sideline or end line. This is purely for player safety purposes and is a requirement during all matches played by any RCYSL team, playing at home or away.

Section 3: Coaches and Players

3:01 All players on a team's roster who are present for a match are to play a **minimum** of **one-half** of that match unless there are medical reasons why they should not. Only those players who are ill or injured, or have a documented physical limitation may play less than one-half of the match. Both the Referee and opposing Coach are to be notified prior to the start of the match of any player(s) who will not be participating in at least one-half of the match.

3:02 In order to participate in any matches, including seeding tournaments, **all** players and **all** Coaches must be currently registered with CALNORTH, and present current, valid USYSA passes to the Referee as proof of this required registration. Referees may **not** accept a team roster in lieu of the required passes. Players who participate without the specified proof of registration shall be sent off. Any Coach who allows a player to participate without proof of registration shall be sent off.

3:03 In order to be issued a Coach's pass, **all** Coaches and assistant Coaches must: (1) complete the introduction to grassroots coaching module, (2) complete one grassroots coaching module consisting of 4v4, 7v7, etc., (3) The Coach must submit proof of completion of the modules to their respective club registrar, (4) complete the online coaches' application, (5) submit an appropriate picture, (6) complete the CDC Heads Up Concussion Awareness course, and (7) pass the CALNORTH required LiveScan (fingerprinting and background check) process. **If a Coach has previously been licensed under the old USSF coaching structure, they do not need to take any grassroots modules and are hereby grandfathered in to the new coach training system.**

3:04 At least one Coach with a valid coach's pass must be present for each team throughout the scheduled match. If there is no Coach with a currently valid pass present for each team, the match shall be immediately terminated.

3:05 In an extraordinary situation and with pre-match (24 hour) approval from the team's club Manager, another Coach from the same club may use their pass to Coach another team in their club or a RCYSL board member who is a registered may coach the team.

3:06 Subsequent to the issuance of the CALNORTH coach's pass, all Coaches will be issued a field badge by RCYSL. This field badge is to be displayed visibly whenever the Coach accompanies the

players (at matches, practices, or other team events). If a Coach does not have their RCYSL field pass visible, any club or league board member may ask the Coach to either (1) make visible the field badge, or (2) cancel the match, practice, or other team event.

3:07 The coach and player passes shall be given to, and retained by the Referee prior to the start of a match. The Referee shall verify that each pass: (1) has not been altered, (2) is valid for the current season, (3) the picture is appropriate as mandated by registration policy and accurately represents the player presenting the pass, (4) the team name is correct, and (5) each player's jersey has an identifying number that is noted on the game card. The Coach must sign the game card below the team's roster.

3:08 Unless a Coach or player has committed a violation requiring a 24-hour report to be sent to the League PAD or the concussion protocol is invoked; coach and player passes must be returned to each of the teams after the match. The game card should be delivered to the home team's Club Manager by the Referee or by the Coach of the home team.

3:09 During the Fall Recreational season of play: (1) The participation of 'Guest' players (players registered to a team other than to the two teams scheduled to play the match) is **not** allowed, and (2) Players rostered on a Recreational team may **not** be registered to, nor be listed on the roster of any other soccer team (other than their school team).

Section

4:

Referees

All matches shall have at least one Referee currently certified by the United States Soccer Federation (USSF). Referees who are not in full uniform shall serve ONLY as volunteers, and will not be paid.

4:01 All **Under 8** matches shall be played with a single center Referee currently USSF certified at a Grade 9 or higher level. Assistant Referees (ARs) if used, may be non-certified volunteers provided by each of the two teams to indicate when the ball is out of play ("club Linesmen"). The home club may optionally choose to provide certified paid ARs for the match.

4:02 All **Under 10** matches shall be played with a single center Referee currently USSF certified at a Grade 8 or a higher level. Assistant Referees (ARs) if used, may be non-certified volunteers provided by each of the two teams to indicate when the ball is out of play ("club Linesmen"). The home club may optionally choose to provide certified paid ARs for the match. If ARs are not used for the match, the home club has the option to pay the center referee \$5.00 dollars more for the match.

4:03 All **Under 12** and **Under 14** matches shall be played using the **three** Referee system. All Referees must be currently USSF certified at a Grade 9 or higher level, and at least one Referee **must** be USSF Grade 8 or higher.

4:04 Coaches who are also currently USSF certified Referees may serve as Referees, but should not be the center Referee in matches within their own playing division. A player's relative may serve as a Referee, but should not do so when their relative's team is playing. The center Referee should be at least four years older than the players (or be an adult). Both coaches must agree before the match to any exceptions to these specifications. Once both coaches have agreed, they may **not** use the exceptions to protest the match.

4:05 Center and Assistant Referees in full Referee uniform shall receive the following compensation

from the home team (or hosting club) for **regular season** Recreational matches (assignment of certified ARs in U6, U8 & U10 matches is optional):

<u>Age Group</u>	<u>Center Referee</u>	<u>Each Asst. Referee</u>
U06 & U08	\$20.00	Volunteer
Under 10	\$25.00 or \$30.00	\$20.00
Under 12	\$30.00	\$25.00
Under 14	\$35.00	\$30.00
Under 16	\$40.00	\$35.00
Under 19	\$45.00	\$40.00

4:06 For **seeding** matches, only the center Referee will be assigned. The assigned center Referee shall receive the following compensation from the hosting club for each half-length match worked (the teams are to provide volunteer Linemen):

<u>Age Group</u>	<u>Center Referee</u>	<u>Each Asst. Referee</u>
Under 08	\$12.00	Volunteer
Under 10	\$12.00	Volunteer
Under 12	\$16.00	Volunteer
Under 14	\$16.00	Volunteer

4:07 Decisions of the Referee that are purely judgmental (i.e. the ball in or out of play, determination of intent if the ball is handled, etc.) shall **not** be challenged, and shall **not** be grounds for protest during the match. After the match a match report may be filed.

4:08 The Referee shall permit the Coaches of both teams to add written comments on the game card after the conclusion of the match. The Referee shall include the identity of the Coach(es) making written comments.

4:09 When a player or a Coach has been sent-off, the Referee **must** send the Coach and/or player pass and Send-Off Report (24-hour report) to the RCYSL PAD Chairperson. The Send-Off Report form may be downloaded from the RCYSL or District VI website. For CPL (U16/U19) matches, the 24-hour report and pass are to be sent to the District VI PAD Chairperson.

4:10 Support of referees - No one is to address a Referee in a negative manner immediately before, during, or after the match. It is the responsibility of ALL Coaches to maintain the highest standards of conduct for themselves, their players, and supporters in all matches. Abusive and obscene language, violent play, violent conduct, fighting, and other behavior detrimental to the match will not be tolerated. A coach's responsibility for Referee support and spectator control includes the times prior to, during, and after the match at the field and surrounding areas.

4:11 Coaches' communications with the Referee and Assistant Referees – Coaches, players, and sideline spectators should only address any member of the Referee crew during play for:

- Responding to a Referee-initiated communication.
- Making a request for substitutions.
- Pointing out emergencies or safety issues, such as an injured player on the field.
- To request clarification of any call, provided the request is courteous and non-argumentative.

The Referee can and should caution any coach for his/her failure to abide by the above. Any Coach, who continues to violate the above, may thereafter be dismissed from the match by the Referee.

In addition to the above, a Referee may dismiss a Coach for any egregious action, including, but not limited to, abusive language or any implied or actual threat of physical abuse. A prior warning is shall not be required for an egregious offense. The Referee shall simultaneously instruct the Coach to leave the field.

4:12 Spectator's Communications with the Referee and Assistant Referees - Negative or critical comments by spectators directed to any member of the Referee crew will not be tolerated. A referee may stop the match and request the assistance of all coaches to remind the spectators of the above rules.

If the comments by the spectators continue the Referee may thereafter stop the match, caution the Coach and direct the Coach to inform the spectators that if these comments continue that the spectators will be directed to leave the field. If spectators continue violations of the rules, the Referee may instruct a Coach to direct the spectators to leave the field, and/or the Referee may dismiss the Coach and direct the Coach to leave the field along with the offending spectators. The Coach may only be asked to leave if he/she has not put forth an effort to have the spectators stop the offending behavior. If the ejected/dismissed Coach and/or spectators fail to leave the field, the Referee may abandon the match.

4:13 A Referee may dismiss from the match any spectator for any egregious action, including, but not limited to, abusive language or any implied or actual threat of physical abuse. A prior warning is not required. The referee shall simultaneously instruct the spectator to leave the field. Thereafter, the ejected person must depart to a distance where he or she can no longer see or hear anything to do with the match. If the ejected person fails to leave the field, the Referee may abandon the match.

4:14 Any infraction by a spectator will result in automatic notification to the credentialing Club or League PAD with the following recommendations for minimum sanctions.

1. Aggressively challenging a referees decision, either by raising his/her voice, gesturing or otherwise clearly demonstrating dissent:

First offense: Counseling by a Board Member of their home Club or League (Coach to provide name of adult to referee; refusal will result in coach serving a 1 match suspension.)

Second offense: Spectator suspended from attending affiliated player's matches for remainder of season, on probation for 1 year

Third offense: Parent permanently suspended from attending affiliated player's matches.

2. Aggressively challenging a referee's decision by initiating physical contact with a referee, to include bumping, pushing, shoving or striking in anyway, or by directing foul language toward a referee:

First offense: Spectator suspended from attending affiliated player's matches for 1 year, suspended for 1 year, on probation for 2 more years.

3. Confronting adults in a physical matter (as in item above, including the use of foul

language) be they from the opposing team or his/her own team:

First offense: Spectator suspended from attending affiliated player's matches for 1 year, on probation for 2 more years.

Second offense: Permanent suspension of affiliated player and spectator.

4. Striking or attempting to strike a player, either on his/her own team or on an opponent's team.

First offense: Permanent suspension

NOTE: IF SPECTATORS FAIL TO HONOR THEIR SUSPENSION FROM THEIR AFFILIATED PLAYER'S MATCHES, THE PLAYER WILL LOSE THEIR PLAYING PRIVILEGES.

4:15 Referee Notification and Send-Off Report - Should a Referee eject any player, Coach, or sideline spectator, and/or abandon a match, he/she shall notify/file a written report to the Referee Coordinator of the credentialing Club or League.

Notwithstanding the authority granted to a Referee to warn or dismiss a spectator or Coach, a Referee is not required to warn a spectator or Coach prior to dismissal from the match.

If a match is abandoned prior to completion, the Referee shall make no determination as to the outcome of the match.

A written Referee Send-Off Report, outlining the pertinent facts of the sendoff and/or the abandonment of match shall be sent by the Referee to their assigning Referee Coordinator within 24 hours. Within 24 hours thereafter, the assigning Referee Coordinator shall provide the Send-Off Report to the Club Manager or President of the credentialing League for further action.

Section 5: Rules of Play

5:01 The Rules of Play for all recreational matches in RCYSL shall be the most recent edition of the USSF Laws of the Match, as modified by CALNORTH and RCYSL, and for Under 16 and Under 19 matches, the Community Playing League (CPL) Rules of Play.

5:02 Referees and Coaches are not allowed to modify or ignore any of the Rules of Play. Coaches who attempt to violate or ignore the Rules of Play shall be appropriately dealt with by the Referee. Any Referee who modifies or ignores the Rules of Play should be reported to the League by noting the incident on the game card (if possible), and notifying the RCYSL Referee Coordinator describing the specifics of the incident.

5:03 Match length and ball size specifications are as follows (CYSA PIM 10-2 abridged):

<u>Age Group</u>	<u>Length of Half</u>	<u>Ball</u>	<u>Age Group</u>	<u>Length of Half</u>	
	<u>Ball</u>				
Under 6	16 min (4x8)	#3	Under 8	20 min (4x10)	#3
Under 10	25 minutes	#4	Under 12	30 minutes	#4
Under 14	35 minutes	#5	Under 16	40 minutes	#5

Under 19 45 minutes #5

5:04 The following CALNORTH modifications shall apply to all matches in RCYSL (CYSA PIM 10-3 abridged):

- A. Charging the goalkeeper shall not be permitted at any time when he/she is within his/her own goal area.
- B. Coaching from the sidelines, giving direction to one's own team on points of strategy and position, is permitted provided that:
 - 1. No mechanical devices are used,
 - 2. The tone of voice is informative and not a harangue.
 - 3. No Coach, substitute, player, or spectator is to be anywhere but at his/her bench area during the match.
 - 4. No Coach, substitute, player, or spectator is to make derogatory remarks or gestures to Referees, other players, substitutes or spectators.
 - 5. No Coach, substitute, or player is to use profanity.
 - 6. No Coach, substitute, player, or spectator is to incite in any manner, disruptive behavior of any kind.The penalty for the above shall be ejection from the match and disciplinary action which will be taken by the CALNORTH Board of Directors, and/or the appropriate RCYSL committee (PAD or Sportsmanship).
- C. Where colors of uniforms are similar, the home team must effect a change to colors which are distinct from those of the opponent. In RCYSL, bibs (pennies) may be used if appropriate.
- D. The host club is responsible for the condition of the playing field (see 2:01). Both teams are to have a game ball (usually provided by the home team), and ensure that their spectators behave in a proper and respectful manner.
- E. The number of substitutions by either team shall be unlimited and may occur at any stoppage of play. Substitute(s) shall enter the field of play at the midfield line only after the player has been given permission to do so by the Referee.
- F. The Referee shall require that both teams enter all appropriate information on a CALNORTH Referee Report form (the game card) prior to the start of the match. Refer to Sections 3 and 4 for additional game card related requirements.
- G. **Intentional heading** is prohibited in the play of Recreational teams for players Under 14 and below. The penalty is the award of an indirect free kick to the opposing team.

5:05 Players wearing orthopedic casts, air-splints or metal splints may **not** participate in any match. Players may be allowed to wear or to use certain orthopedic supports, medical devices and prosthetic devices, provided that they conform to the device definitions and the requirement for appropriate documentation as specified in CYSA PIM 12-1.

5:06 The maximum number of players allowed on a team's roster shall be: Six (6) in the Under 6 age group, eight (8) in the Under 8 age groups, twelve (12) in the Under 10 age group, fifteen (15) in the Under 12 age group, eighteen (18) in the Under 14 age group, and twenty-two (22) in the Under 16 & Under 19 age groups.

5:07 RCYSL modified rules for **Under 6** and **Under 8** play shall be as follows (Under 6 Micro Soccer played within a single club or subset of the RCYSL clubs may use a different set of standards, such as three players on the field per team):

- A. The field of play and goals shall be as follows:
 Field size - 30 x 20 (25x15 to 35x25) yards (length & width, other sizes acceptable for in-club Under 6 play). Goal size - 4 feet high x 6 feet wide (other goal sizes acceptable for in-club Under 6 play).
 Goal area - 3 yards outside of each goal post and 3 yards into the field from the goal line (optional for Under 6 play). Penalty area - None.
 Center circle - 20 feet in diameter (optional for Under 6 play).
- B. The number of players on the field shall be a maximum of **four** and a minimum of **three**. There shall be no assigned Goalkeeper.
- C. Breaks of one minute shall be given mid-way through the first and second half for substitutions (matches played in four quarters). The match will be restarted with a kick-off by the same team that started that half.
- D. The Referee shall make decisions on points of fact connected with the match; his/her decision is final. The Referee is encouraged to explain the infraction to the offending player.
- E. A repeat throw-in may be granted by the Referee to a player after an explanation.
- F. All free kicks shall be taken as **indirect** free kicks as per the Laws of the Game (3 yards from the goal line if there is no delineated goal area). A goal may **not** be scored until the ball has been played or touched by a another player of either team. All opposing players must be at least ten feet from the ball.
- G. Penalty kicks shall **NOT** be taken (there is no penalty area). An indirect free kick shall be taken instead.
- H. Goal kicks shall be taken from any point inside the goal area as per the Laws of the Game (3 yards from the goal line if there is no delineated goal area). All opposing players must be at least ten feet from the ball.
- I. **Offside** is generally not called unless in the opinion of the Referee a player is being coached to be in the offside position. The penalty shall be the award of an indirect free kick to the opposing team.
- J. Slide tackling **not** allowed. The penalty shall be the award of an indirect free kick to the opposing team.

5:08 RCYSL modified rules for Recreational **Under 10** and **Under 12** play shall be as follows:

- A. The field of play and goals shall be as follows:
 Under 10 field size - 47 x 30 (55x35 to 65x45) yards (length & width). 2015 U08 fields may be used until replaced. Under 12 field size - 75 x 47 (70-45 to 80-55) yards (length & width). 2015 U10 fields may be used until replaced. Goal size - 6.5 feet high x 18.5 feet wide. 6 to 7 feet high x 18 to 21 feet wide are acceptable for existing fields. U10 Goal area - 8 yards wide centered on the goal and 4 yards into the field from the goal line.
 U12 Goal area - 16 yards wide centered on the goal and 5 yards into the field from the goal line.
 U10 Penalty area - 24 yards wide and 12 yards into the field. The Penalty mark is 10 yards from goal line. U12 Penalty area - 36 yards wide and 14 yards into the field. The Penalty mark is 10 yards from goal line. Center circle - U10 and U12: 16 yards in diameter.
- B. The number of players on the field shall be as follows:
 Under 10: Maximum of **seven** players, one player is a goalkeeper. Minimum of **five** players. Under 12: Maximum of **nine** players, one player is a goalkeeper. Minimum of **six** players.
- C. Goal kicks shall be taken from any point inside the goal area as per the Laws of the Game (all of the opposing players must be outside the penalty area in U12 play, and beyond the Build Out Line in U10 play).
- D. Direct and indirect free kicks shall be awarded and taken as per the Laws of the Game; all

- of the opposing players must be outside the goal area and at least eight yards from the ball.
- E. Penalty kicks shall be awarded and taken as per the Laws of the Game. When a Penalty kick is awarded, all opposing players must be outside of the penalty area and at least eight yards from the Penalty mark.
 - F. The “Build Out Line”, as defined in current USSF Player Development Initiatives shall be utilized In all U10 matches.

5:09 During all matches played in RCYSL, both teams and their Coaches shall occupy one side of the field (each team on either side of the midfield line), and all spectators shall be located on the opposite side of the field. The only exception to this policy is if only one side of the field may be safely occupied due to field layout.

5:10 Sportsmanship – Goal Differential Policy - Blow-out games are contrary to the objectives of the RCYSL which is to provide an atmosphere in which players can enjoy the game without emphasis on winning or losing, and RCYSL coaches shall make reasonable efforts to avoid “blow-outs”. This rule applies specifically to games played between two RCYSL teams.

A. DEFINITION: For the purposes of this policy, a blow-out situation shall be deemed to exist in an RCYSL game at any time and under any circumstances when the goal-differential between the two teams playing reaches five (5) or more goals.

B. REQUIRED ACTION: At any time that a blow-out situation begins to develop (ex: a goal differential of 3 to 4 goals), the coach of the dominating team shall actively endeavor to prevent the goal differential from increasing. RCYSL recognizes that a coach cannot definitively control all of the dynamics of play in any given game, but the coach of the dominating team shall at a minimum make the following efforts to relieve the blow-out situation and prevent increasing the goal-differential. Examples of preventative measures are below:

1. Removal of one or more player off the field until the goal differential lowers. When lowered, the dominant team may return an additional player to the field.
2. If substitutes are available on the dominating team, the coach of the dominating team shall make substitutions, when permitted to do so by the Referee, so as to give more playing time to the team’s less skilled players, but subject to the over-riding requirement of RCYSL that all players shall play at least 50% of each game;
3. The coach of the dominating team shall rotate player positions on the dominating team so as to assign players more likely to score goals to positions on defense;
4. The coach of the dominating team shall direct players on the dominating team to play with an objective of ball control rather than scoring; and
5. The coach of the dominating team shall take any other actions that he or she deems to be reasonable under the circumstances and within the spirit of this Rule.

C. SANCTIONS: Existence of a blow-out situation, of itself, shall not be cause for sanctions. The sanctionable action, or lack of action, shall be the failure of a coach of a dominating team to take the actions described above to relieve a blow-out situation or the direct action of such a coach to “run up the score” and exacerbate a blow-out situation.

First violations of this rule shall be reported to the RCYSL coaching coordinator. If, after the collection of game details, the coaching coordinator believes that a violation occurred and that

sanctions are warranted, he or she may caution or suspend the violating coach. Suspensions shall be for one (1) game and shall apply to the dominating team's next game, regardless of whether that game is a regularly scheduled or post-season tournament game. Suspensions incurred as a result of the last game of a season shall be served at the first game of the next season. A suspended coach shall not serve as an assistant coach on any team while suspended.

Second or subsequent violations of this rule shall be referred to the RCYSL Sportsmanship Committee and if a violation is found to have occurred, it shall impose such sanction(s) as it deems appropriate.

- D. APPEALS:** Findings of first violations and/or sanctions imposed as a result of first violations may be appealed to the Club Manager who can then present the case to the RCYSL Executive Board. Findings of second or subsequent violations and/or sanctions imposed by the Sportsmanship Committee may be appealed to the RCYSL Executive Board.
- E. HEARINGS:** Nothing in this Rule shall be interpreted to mean that a coach alleged to have violated this Rule shall be entitled to a hearing in person. The RCYSL Coaching Coordinator acting on a first violation, the Sportsmanship Committee acting on a second or subsequent violation, the Club Manager acting on an appeal of a first violation, or the RCYSL Executive Board acting on an appeal of a second or subsequent violation shall conduct such inquiry, by such means, as he, she, or they deem to be appropriate to the circumstances, including, but not limited to: inquiries by email, by telephone, by written reports, or by in-person hearings.
- F. REFEREES:** This Rule is not a part of the FIFA Laws of the Game and is not a Playing Rule of RCYSL intended to modify the Laws of the Game. Referees are to advise the Coach of the dominant team that a "blow-out" situation exists. Referees cannot force the coach of the dominating team to follow these actions. However, Referees of RCYSL games shall be asked to include in their game reports to RCYSL blow-out situations and, in the opinion of the Referee, whether reasonable action was taken by the coach of the dominating team to relieve the blow-out situation. Whether or not any action shall be taken thereafter shall be at the discretion of RCYSL as stated in this Policy.