

RCYSL U10 League Play Rule Modifications

The following are the specific rule modifications utilized for RCYSL U10 League play. These rules are utilized in addition to the general RCYSL rules for all ages

Law 1: The Field of Play

Dimensions 60 yd x 40 yd (min-max = 55-65yd x 35-45yd) **Penalty Box:** 12 yd x 24yd

Goal Box: 4yd x 8yd / **Penalty Spot:** 10yd / 8yd circle **Center Circle:** 8 yd radius

Goal Size: 6'6" x 18"6' **Ball Size:** 4

Build Out Line: halfway between the top of the penalty area and the midfield line.

Law 3: The Players

Matches will be played 7 players per side including a goalkeeper. Games may not start or continue if there are less than 5 players on the field for either side.

Law 5: The Referee

It is the coaches' responsibility to ensure the referee is treated with respect by all coaches, players and spectators before, during, and after any match. Failure to curb referee abuse can result in sanctions or dismissal from the match.

Law 7: The Duration of the Match

Matches will be 50 minutes long, divided into two 25-minute halves. There will be a 10-minute break at the half.

Law 11: Offside

Offside is enforced between the build-out lines and the endlines. Offside will not be enforced between the build out lines.

Law 12: Fouls and Misconduct

Handball: Not every touch of a player's hand/arm with the ball is an offence. It is an offence if the player:
(1) Deliberately touches the ball with their hand/arm, for example moving the hand/arm towards the ball.
(2) Touches the ball with their hand/arm when it has made their body unnaturally bigger. (3) Scores in the opponents' goal.

The goalkeeper has the same restrictions on handling the ball as any other player outside the penalty area. If the goalkeeper handles the ball *inside* their penalty area when not permitted to do so (such as after the ball has been deliberately kicked to them by a teammate), an indirect free kick is awarded.

Build-Out Line Rules:

Whenever the goalkeeper comes into possession of the ball, the defending team must retreat behind the build-out line. Once the ball is put back in play (touched by a second player) the defending team can advance beyond the build-out line. The goalkeeper may choose to put the ball back into play prior to the defending teams' complete retreat behind the build out line.

Goalkeepers may not punt or drop-kick a ball in their possession. They may throw or roll the ball or place it on the ground and play the ball from the ground. Opposing players must remain outside of the build-out area until the goalkeeper releases the ball, and the ball is touched by another player on the goalkeeper's team, or the ball moves beyond the build out area.

The sanction for infractions of the build out line rules is an IFK to the goalkeeper's team where the infraction occurred

Law 13: Free Kicks

All opposing players must be at least 8yds from the spot of an indirect or direct free kick.

Law 16: The Goal Kick

Goal kicks shall be taken from any point inside the goal area.

Build-Out Line Modification:

At all goal kicks, opposing players must move out of the build-out area. Opposing players must remain on the other side of the build-out line until the ball has been played from the goal kick and touched by a second player on the kicking team, or advanced beyond the build out area. The sanction is to retake the goal kick. The ball is not required to clear the build-out area to be in play.